

1º DESAFIO GRUTA DOS PALHARES – CORRIDA DE RUA DE SACRAMENTO/MG - 2026

05KM FEM

Pos	Num	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Tempo
1	698	ISADORA NOGUEIRA DUARTE	F	28	F1529	-			00:21:23
2	696	THAIS CRISTINA ALVARENGA PORTO	F	41	F3044	-			00:22:53
3	405	MARCIA DE ALMEIDA BIASOLI	F	45	F4559	-		TIAO	00:23:59
4	528	PRISCILA CAROLINE SILVA CAMILO	F	36	F3044	-		SODBIKE	00:25:00
5	668	RIZIELLI ALEXANDRA SOARES	F	45	F4559	-			00:25:02
6	451	MARILIA SIENA CHIARELO	F	15	F1529	1		HENRYTIAOPERSONAL TREINADOR	00:25:36
7	592	PATRICIA CRISTINA NILO FERNANDES FERREIRA	F	41	F3044	1		TEAM TORNADO	00:25:46
8	29	ANA CAROLINE OLIVEIRA SANTANA AGUIAR	F	38	F3044	2			00:25:51
9	697	ALINE CAETANO NUNES	F	46	F4559	1			00:25:51
10	219	GIOVANA ASTOLPHE BELLI	F	28	F1529	2		WALLACE MARIANO	00:26:11
11	442	MARIANA MELO PEREIRINHA	F	33	F3044	3		DANILO GOMIDE PERSONAL	00:26:18
12	684	FERNANDA OLIVEIRA MARTINS	F	38	F3044	4			00:26:25
13	427	MARIA DA CONCEICAO COSTA NASCIMENTO	F	31	F3044	5			00:26:42
14	454	MARTA KESIA DOS SANTOS TERTO	F	24	F1529	3		PACE RUNNERS	00:26:53
15	154	ELISABETE MARIA SILVA	F	49	F4559	2		RIFAINA	00:27:49
16	551	RENATA DA CONCEICAO SANTOS	F	45	F4559	3			00:28:08
17	544	RAYNARA SANTOS DA SILVA	F	22	F1529	4		CORRIDA SANTA JULIANA	00:28:08
18	669	ROSE PUCCI	F	44	F3044	6			00:28:13
19	381	LUCIANA FABIANA SILVEIRA	F	46	F4559	4			00:28:18
20	811	LETICIA SILVA	F	30	F3044	7		OS TOP NA CORRIDA	00:28:25
21	526	PRISCILA APARECIDA MARTINS	F	39	F3044	8			00:28:27
22	584	STEFANI NEVES MAGALHAES FERREIRA	F	27	F1529	5			00:28:29
23	382	LUCIANA OLIVEIRA FERREIRA	F	50	F4559	5		ADVENTURE	00:28:31
24	222	GIOVANNA CECILIA REZENDE PEREIRA SOARES	F	33	F3044	9			00:28:44
25	209	GABRIELI CRISTINA PINHEIRO PORTO	F	28	F1529	6			00:28:49
26	3	ADENILZA PEREIRA NEPOMUCENO	F	26	F1529	7			00:28:50
27	436	MARIA IZABEL DIAS BORGES	F	50	F4559	6		CORREDORAS DE RIFAINA	00:28:50
28	147	ELAINE CRISTINA ANIZIO	F	45	F4559	7		IBIRACI	00:29:10
29	468	ANA MARIA GONCALVES DE ALMEIDA	F	57	F4559	8		TEAM TORNADO	00:29:17
30	493	ALESSANDRA PEDRO LIMA	F	48	F4559	9		CORRE DELAX	00:29:19
31	81	CARLA MARIELLE MEIRA ZUQUETO	F	36	F3044	10			00:29:24
32	285	JOANA DARC LUCA RODRIGUES	F	58	F4559	10		RIFAINA	00:29:26

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33	661	LAYLA CHRISTIANE SILVA BORGES RODRIGUES	F	39	F3044	11			00:29:29
34	500	PALOMA MUNIZ	F	38	F3044	12		BRUTINHOS	00:29:33
35	314	JULIA SUMIE TAMURA AKIYAMA	F	48	F4559	11		LUCAS BARROS	00:29:34
36	656	GIOVANNA DE OLIVEIRA BRACELOTI	F	25	F1529	8			00:29:42
37	674	THAYANE PINHEIRO ARAUJO	F	22	F1529	9			00:29:42
38	37	QUEILA NUNES BUENO DOS SANTOS	F	47	F4559	12			00:29:56
39	331	KAREN FREITAS	F	45	F4559	13		RUN KT	00:29:59
40	361	LETICIA NAIR DE OLIVEIRA	F	32	F3044	13		SACRARUN	00:30:03
41	344	LAIS PEREIRA ULHOA	F	33	F3044	14		PACE RUNNERS	00:30:08
42	384	LUCIENE BARBIERATO	F	50	F4559	14		ACADEMIA MUNICIPAL DE RIFAINA	00:30:10
43	421	MARIA CAROLINA BORGES E SILVA	F	16	F1529	10			00:30:36
44	420	MARIA APARECIDA SILVA	F	38	F3044	15			00:30:37
45	216	GILCILENE ALBUQUERQUE IBANEZ	F	39	F3044	16			00:30:38
46	675	YARA FERNANDES MOREIRA	F	27	F1529	11			00:30:58
47	483	NADIR DOMINGUES FERREIRA NALDO	F	59	F4559	15		PAPA-LEGUAS COLOMBIA	00:31:07
48	28	ANA CAROLINA SILVA RIBEIRO	F	31	F3044	17			00:31:22
49	892	STELLA MARJORY DUTRA	F	32	F3044	18		WILL RUNNER	00:31:23
50	495	NILDI APA B RIBEIRO	F	55	F4559	16		CORRER COMECANDO DO ZERO	00:31:29
51	207	GABRIELA AFONSO RIBEIRO	F	25	F1529	12			00:31:33
52	336	KARINNE CANDIDO PROTASIO	F	27	F1529	13			00:31:45
53	480	MISLENE GOMES	F	34	F3044	19			00:31:48
54	612	VALDIRENE LUCIMAR RIBEIRO NOGUEIRA	F	54	F4559	17		RW RUNNERS	00:31:52
55	347	LARISSA RAMOS DA SILVA	F	28	F1529	14		WILL RUNNER	00:31:54
56	419	MARIA ANGELICA REIS	F	52	F4559	18			00:32:03
57	383	LUCIENE APARECIDAVICENTE ETCHEBEHERE	F	52	F4559	19		RIFAINA	00:32:07
58	21	ALINE MATIAS TEODORO	F	35	F3044	20		FIDER	00:32:09
59	56	ARIANE LILIAN RESENDE SILVA DIAS	F	40	F3044	21		FIT CON ESPORTES	00:32:11
60	362	LILIAN CRISTINA DA SILVA	F	45	F4559	20		GUIVEIRA	00:32:26
61	597	TATIANA DA SILVA CAMPOS	F	49	F4559	21		RWRUNNER	00:32:28
62	600	TEREZINHA ALVES FERNANDES FELIZARDO	F	42	F3044	22		TURMA DO PE	00:32:43
63	660	KEILLYANE ELENY PEREIRA	F	39	F3044	23			00:32:52
64	316	JULIANA BARBOSA SILVA	F	31	F3044	24		PERSONAL RUN	00:33:06
65	672	SIMONE FLORENCIO FLAVIO	F	42	F3044	25			00:33:19
66	80	CARLA DE FATIMA CHAVES DA CUNHA RUBIM	F	47	F4559	22		RUN4LIFE	00:33:25

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67	39	ANA PAULA SILVA FAVERO RIBEIRO	F	28	F1529	15			00:33:33
68	545	RAYSSA CAMARGO DE OLIVEIRA	F	36	F3044	26		TEAM TORNADO	00:33:33
69	478	MIRIAM DAS D. DE ALBUQUERQUE	F	57	F4559	23			00:33:39
70	19	ALINE MARI DOS SANTOS FERREIRA	F	39	F3044	27			00:33:41
71	99	CLAUDIA NUNES DE OLIVEIRA FERNANDES	F	58	F4559	24			00:33:43
72	197	FLAVIANA DE SOUZA ALCANTARA	F	37	F3044	28			00:33:47
73	665	NAYANE DA SILVA GONCALVES	F	32	F3044	29			00:33:48
74	686	GIOVANA PEREIRA VILIAMOVISENS	F	27	F1529	16			00:33:55
75	581	SIMONE ALMEIDA	F	38	F3044	30			00:33:56
76	435	MARIA GABRIELA ALMEIDA ROCHA OLIVEIRA	F	36	F3044	31		IBIRACI	00:33:58
77	257	INGRID JANAINA ALVES DOS SANTOS	F	46	F4559	25		ABA	00:34:15
78	501	PAMELA VAZ DE OLIVEIRA	F	29	F1529	17		CORRE DELAX	00:34:18
79	223	GIOVANNA SOUZA LOMBARDI	F	31	F3044	32			00:34:37
80	437	MARIA KELLY	F	31	F3044	33			00:34:42
81	123	JULIA GONCALVES DE ALMEIDA	F	26	F1529	18		TEAM TORNADO	00:34:52
82	481	MONICA CRISTINA BRACELOTI DE MOURA	F	55	F4559	26			00:35:06
83	260	ISABELA CRISTINA DA SILVA FERREIRA	F	34	F3044	34		GUIVEIRA	00:35:10
84	368	LORRANE RIBEIRO COSTA	F	34	F3044	35			00:35:17
85	586	SUELY DE FATIMA CARVALHO	F	47	F4559	27		TRA	00:35:24
86	275	JANAINA DARLENE DA SILVA	F	51	F4559	28			00:35:27
87	440	MARIA RODRIGUES DE BARROS FILHA	F	48	F4559	29			00:35:28
88	125	DAYANNA FERRARI	F	43	F3044	36		UIRAPURU	00:35:30
89	434	MARIA FERNANDA FERREIRA DE SOUZA	F	25	F1529	19			00:35:30
90	170	FABIANA MENDES MARTINS	F	38	F3044	37			00:35:44
91	657	JANE CLEIDE SANTANA SANTOS	F	47	F4559	30			00:35:44
92	578	SILVIA HELENA CARVALHO LIMA OLIVEIRA	F	49	F4559	31		LUCAS BARROS	00:35:51
93	36	ANA PAULA BARBOSA GOTARDO	F	35	F3044	38			00:35:54
94	424	MARIA CLARA BIZINOTTO BORGES	F	30	F3044	39		TRI 034	00:36:04
95	324	JUSCELEN NOVAES ALVES	F	54	F4559	32		ASSESSORIA BETHANIA OTONI	00:36:18
96	486	NATALIA DA SILVA NASCIMENTO	F	28	F1529	20		MJRUNNERS	00:36:28
97	658	JULIANA FERNANDES	F	45	F4559	33			00:36:33
98	315	JULIA VALIM DA SILVEIRA	F	22	F1529	21			00:37:29
99	323	JUNIA MARA GONCALVES OLIVEIRA BAGAGINE	F	47	F4559	34		CLUBE DA CORRIDA	00:37:36
100	477	MIRIAM APARECIDA SILVA	F	46	F4559	35		JOAO NERES	00:37:36
101	226	GISLANE APARECIDA DA SILVA	F	42	F3044	40			00:37:36

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102	114	DANIELA GOMIDE	F	34	F3044	41		DANILO GOMIDE PERSONAL	00:37:46
103	378	LUCIA HELENA DE SOUZA	F	53	F4559	36		CROSSFIT ZEBU	00:38:01
104	422	MARIA CAROLINA NUNES BARBOSA	F	36	F3044	42			00:38:07
105	98	CLAUDIA ELAINE DA ROCHA FARIAS	F	52	F4559	37		FARIAS	00:38:12
106	143	DULCE HELENA DE FREITAS BARBOSA	F	49	F4559	38			00:38:12
107	268	IZADORA ORMENEZI	F	31	F3044	43		EQUIPE GUIVEIRA	00:38:23
108	359	LETICIA BORGES RESENDE	F	18	F1529	22		EQUIPE RW RUNNERS	00:38:46
109	433	MARIA EDUARDA NASCIMENTO DE SOUZA	F	26	F1529	23			00:38:50
110	309	JOYCE SATIL CHAVES DA SILVA	F	33	F3044	44			00:39:08
111	166	EVELLYN FARIA FREIRE	F	26	F1529	24		GUIVEIRA	00:39:14
112	564	ROSANGELA SILVA DE CARVALHO	F	66	F6099	1		RW RUNNERS	00:39:18
113	650	ANA PAULA PRADO GUISSONE	F	31	F3044	45			00:39:18
114	89	CELINA APARECIDA LIMA E SILVA	F	54	F4559	39			00:39:24
115	484	NAIHARA UNIAI DE PAULA	F	33	F3044	46		ACOMONTE	00:39:35
116	164	DANIELA APARECIDA DE CARVALHO	F	42	F3044	47		PAPALEGUAS RUNNERS	00:40:01
117	585	STEPHANNY NARCISO CINTRA	F	36	F3044	48			00:40:32
118	602	THAIS DO NASCIMENTO	F	53	F4559	40			00:40:39
119	224	GISELLE VANESSA MORAES	F	43	F3044	49		PERSONAL RUN	00:40:39
120	294	JOICE MARY DA COSTA	F	44	F3044	50		NAO TEM	00:40:53
121	83	CARLA RIBEIRO REZENDE	F	53	F4559	41			00:41:03
122	156	ELIZABETE ALVES QUEIROZ	F	70	F6099	2		GARIMPO RUNNERS	00:41:12
123	900	THIARA JESSICA FAGUNDES AMATANGELO	F	33	F3044	51		GARIMPO RUNNERS	00:41:13
124	443	MARIANA SOUZA	F	37	F3044	52		AVULSO	00:41:38
125	568	RUBIA KIMURA DA SILVA NARQUES	F	39	F3044	53		FITCON	00:41:41
126	685	ANIELE DE SANTI	F	26	F1529	25			00:41:42
127	594	SUELI APARECIDA MORAES	F	71	F6099	3			00:41:50
128	186	FERNANDA DOS SANTOS SILVA	F	45	F4559	42		WILL RUNNER	00:41:55
129	229	GLAUCE CANTEIRO CARVALHO	F	44	F3044	54		WILL RUNNER	00:41:55
130	673	TELRY ARGELIA DE JESUS BELARMINO	F	40	F3044	55			00:42:11
131	503	PATRICIA CRISTIANE FERNANDES DA SILVA	F	51	F4559	43			00:42:20
132	148	ELAINE CRISTINA VISCONDE MARTINS	F	50	F4559	44		RUN KT	00:42:27
133	441	MARIA VITORIA GONCALVES GARUTTI	F	21	F1529	26			00:42:38
134	488	NAYARA ARANTES SILVA	F	26	F1529	27			00:42:38
135	694	TATIANA SILVA OLIVEIRA TANAKA	F	35	F3044	56			00:42:45
136	620	VANESSA FERREIRA ALMEIDA	F	45	F4559	45		CELINA	00:43:10
137	398	MARCELI APARECIDA DA SILVA CAMARGOS	F	60	F6099	4		OS TOP DA CORRIDA	00:43:11

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138	17	ALICIA BRAGA LAVANDOSKI	F	28	F1529	28			00:43:13
139	341	KELE CRISTINA MATEUS BORGES	F	49	F4559	46			00:43:41
140	529	PRISCILA CRISTINA DE OLIVEIRA	F	49	F4559	47			00:43:42
141	439	MARIA PAULA CUSTODIO SILVA	F	33	F3044	57		PERSONAL RUN	00:43:43
142	230	GLAUCIA TRINDADE PEREIRA	F	47	F4559	48			00:43:53
143	623	VANESSA SILVA MARQUES	F	29	F1529	29			00:43:54
144	6	ADRIANA DA SILVA	F	38	F3044	58			00:44:03
145	535	RAFAELA CRISTINA DOS SANTOS	F	36	F3044	59		CAPETINGA RUN	00:44:43
146	598	TATIANE CRISTINA DA SILVA	F	34	F3044	60			00:44:43
147	199	FRANCIELE APARECIDA VILELA PRATES	F	37	F3044	61		GOIANAZES	00:44:44
148	634	VITORIA KELLEN DE OLIVEIRA SOUZA	F	16	F1529	30		WILL RUNNER	00:44:45
149	110	DAIANA NUNES RODRIGUES DE SOUZA	F	42	F3044	62		WILL RUNNER	00:44:48
150	113	CASSIA CRISTIANA DA SILVA	F	55	F4559	49		RW RUNNERS	00:45:36
151	122	DAYANA ELLEN MARIANO	F	45	F4559	50		CORRE DELAX	00:46:12
152	599	TAYLA VIEIRA	F	33	F3044	63		SESC FRANCA	00:46:25
153	343	LAILA APARECIDA VIEIRA	F	38	F3044	64		SESC FRANCA	00:46:25
154	153	ELISABETE APARECIDA FRANCA DE ALMEIDA FREITAS	F	65	F6099	5		RUN4LIFE	00:46:27
155	482	NADINE GABRIELLE GONCALVES DE MORAES	F	24	F1529	31		VITAL VIDA/ATHENAS	00:47:29
156	553	RENATA VALERIA DE SOUZA PINTO	F	38	F3044	65			00:48:04
157	104	CRISTIANE APARECIDA CHAVES DA SILVA	F	50	F4559	51			00:48:24
158	429	MAGDA SIMONE DOS SANTOS	F	51	F4559	52		ACRU	00:48:58
159	547	REGIANE SILVA AUGUSTO JUNQUEIRA	F	43	F3044	66		CORRE DELAX	00:49:08
160	497	NUBIA APARECIDA FLAUSINO SENE	F	54	F4559	53		TOP NA CORRIDA	00:49:29
161	566	ROSELIA ALVES PEREIRA	F	56	F4559	54			00:49:38
162	613	VALQUIRIA MESSIAS SILVA	F	46	F4559	55		VALMESSIAS2019@G MAIL.COM	00:49:40
163	446	MARILDA SILVA LIMA	F	47	F4559	56		NAO TEM	00:50:06
164	251	HILDA MARIA BORGES	F	67	F6099	6		AVULSO	00:50:13
165	190	FERNANDA PATRICIA PIRES	F	47	F4559	57			00:50:48
166	337	KAROLLINE DE OLIVEIRA BRAGA	F	20	F1529	32		RW RUNNERS	00:51:19
167	318	JULIANA MOREIRA DA SILVA FARIA RAMOS BORGES	F	47	F4559	58		CORRE DELAX	00:51:37
168	670	SELMA APARECIDA BORGES	F	55	F4559	59			00:52:52
169	426	MARIA CRISTINA SILVA RIBEIRO	F	51	F4559	60		RW RUNNERS	00:53:15
170	625	VANIA LUCIA MORAIS FARIA	F	62	F6099	7			00:54:46
171	278	JAQUELINE RODRIGUES DA SILVA	F	42	F3044	67		JOAO NERES	00:55:31
172	595	TANISE CRISTINA BISPO DE SOUSA	F	37	F3044	68		CORRE DELAX	00:57:06
173	604	VANIA APARECIA SOARES SILVA	F	47	F4559	61		PERSONEW	00:58:52
174	407	MARCIA MATOS DA SILVA	F	61	F6099	8		PAPA LEGUAS	00:59:21

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175	543	RAQUEL ELAINE MACIEL	F	50	F4559	62		OS TOP DA CORRIDA	00:59:22
176	629	VILMA SILVA DO NASCIMENTO	F	68	F6099	9			01:02:32
177	590	TALITA SILVA NASCIMENTO MORONI	F	38	F3044	69			01:02:32
178	504	PATRICIA DA SILVA MARQUES LOPES	F	38	F3044	70		CORE DELAX	01:04:23
179	583	SONIA APARECIDA PRATA	F	69	F6099	10			01:13:02
180	430	MARIA DENISE BISINOTTO	F	61	F6099	11		RW RUNNERS	01:13:07